

Soroptimist

[suh-rop-tuh-mist]

noun. A global volunteer network of 90,000 women in 130 countries and territories who work to improve the lives of women and girls. The term consists of the Latin words *Sor* meaning *woman*, and *optimist* meaning *best*.

Best for women. What the organization strives to be women at our best, helping other women to be their best.

★ OUR VISION

Women and girls have the resources and opportunities to reach their full potential to live their dreams.

★ OUR MISSION

To improve the lives of women and girls through programs leading to social and economic empowerment.



Together,
we can make
dreams
come true.



Interested in how to get involved?
Please contact:

SOROPTIMIST INTERNATIONAL of La Jolla

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Soroptimist International of La Jolla is a 501(c)3 organization that relies on charitable contributions to support its programs.

SOROPTIMIST

International of La Jolla

ONE mission
★ MANY WOMEN ★
countless dreams



Our "Live Your Dream" Winners



SOROPTIMIST

Best for Women



Soroptimist International of La Jolla

Helping women & girls to
★ **LIVE THEIR DREAMS**

Our Programs

Soroptimist *Live Your Dream: Education and Training Awards for Women (LYD)* collectively disburse \$1.9m in education grants to over 1,300 women annually to help overcome enormous obstacles. Awards Recipients use grants to offset the cost of attaining additional education. They go on to enjoy improved career opportunities, greater earning potential, and higher self-esteem. They serve as positive role models for their children.

Dream It, Be It: Career Support for Girls (DIBI), Soroptimist's newest program, provides high school girls with tangible strategies to accomplish their career dreams.

In addition, Soroptimist powers LiveYourDream.org: an online community offering offline volunteer opportunities benefiting women and girls.



Soroptimist of La Jolla
★ **in our Community** ★
and beyond

Soroptimist is a dynamic group of women, each of whom cares about making the world a better place for women and girls.

We envision a future where women and girls have the resources and opportunities to reach their full potential to live their dreams. Club members administer our Dream Programs to help women and girls gain access to education.

As part of a global effort, members reach beyond their local communities.

Soroptimist International clubs work together to help women and girls internationally by giving them the resources to improve their economic and social standing for themselves, their families, their communities and the world.



Our 2018 International winner

The La Jolla, California Soroptimist Club works on many projects that benefit women locally and globally. Our projects include:

- ★ LYD Educational grants for Single Heads of Household.
- ★ DIBI Career counseling to H.S. Girls.
- ★ Funds to research the unique needs of women's health.
- ★ Support of STEM training.
- ★ Helping victims of Sex Trafficking.
- ★ Support of Military women in transition to civilian life.
- ★ Funds to support recovery for girls disfigured by severe facial burns.
- ★ Funds to girl scout camps.
- ★ Scholarships for Cambodian girls, and...
- ★ Many other community projects.



Live Your Dream Winners